



"Helping you break through from
the inside out"

Traci S. Ward Women's Empowerment Expert

Known as the Women's Empowerment Expert coach Traci Ward hails from Topeka, Kansas. She is an Amazon Best Selling Author, International Speaker, Coach and creator of the life transforming, "I Am ENOUGH" Movement. Traci, through the use of her "I Am ENOUGH" strategies continues to carry out her mission of helping women and young girls discover their priorities in life and how to structure their lives around these priorities. Through facilitating corporate workshops, training and speaking at events geared toward improving the lives of individuals personally and professionally, she uses accountability, personal goal setting and other methods to help clients realize their fullest potential and to take back or maintain control of their destiny. As a result they are able to set and achieve goals they never would have thought were possible! She is the co-author of the motivational/inspiration book titled *Live Your BEST Life: Stories of Triumph* and her newly released book, *"I Am Enough and So Are You: 7 Principles to Breakthrough Life after Lies, Hurt, Guilt and Shame"*. Traci hosts her signature Women's Conference, *I Am Enough: "The Breakthrough Experience!"*



She has more than 23 years of experience working with youth groups through church and the community. She is a founding member of the group *Daddy's Girls, Inc.* created by Telisa Haggerty. Ward has gone into community based entities such as high schools, colleges and other organizations, empowering the young as well as the Baby Boomers to be all they can be, to never compromise their integrity and encouraging them to set a "a standard of excellence".

Traci has 22 years of service in state government having served as the personal assistant to at least 3 Governor appointed, cabinet level secretaries for the state of Kansas. She currently serves as the Equal Employment Opportunity Officer (EEO) and ADA Coordinator for the Kansas Department of Transportation

Ms. Ward is committed to helping women navigate through life while discovering their many gifts, and talents. She gives them direction on how to get the most out of life pursuing those things that bring them the most satisfaction. She shares her amazing story of mental transformation and the incredible impact that changing your "mindset" can have on repositioning one for achieving personal greatness.

Traci is the mother of 3 adult children, one of which was chosen as one of the Top 20 under 40 Entrepreneurs in Topeka and a graduate of the Class of 2015 Chamber of Commerce Leadership Topeka.